
HERITAGE HAROLD ^{June} 2011

Heritage House of Woodburn 943 N Cascade Dr., Woodburn, Or. 97071 Phone # 503-982-1506

Celebrating June

Adopt-a-Cat Month

Great Outdoors Month

International Men's Month

Fishing & Boating Week

June 4-12

Applesauce Cake Day

June 6

Black Cow Day

June 10

**King Kamehameha I Day
(Hawaii)**

June 11

Nursing Assistants Day

June 16

International Violin Day

June 17

World Sauntering Day

June 19

Father's Day

June 19



Things you need to know!

First and foremost, we want to thank each and every one of you for helping to make our tamale fundraiser such a huge success!! The staff worked very hard and it showed. Way to be a team, guys!! To Flor's sister, Amelia, we literally and truly could not have done it without you. From the bottom of our hearts, thank you for all the hours you spent showing us how to do this.

Father's Day is June 19th, so we would like to say Happy Father's Day to all the dads, grandfathers, and anyone who helped a boy become a man. Please feel free to join us for our Father's Day BBQ which will be 12pm on Friday the 17th.

As I am sure all of you have noticed, we have gotten beautiful, new furniture. Our corporate office is generously allowing us to sale the beautiful old furniture, with the proceeds going to the Alzheimer's Network. So, for all of you who have said, "I didn't see anything wrong with the old furniture. It was great." Now is your opportunity to have first chance to grab it up!! What's left will be sold at our annual garage sale in July. If you are interested, please contact me, here at Heritage House.

One last item, I am once again becoming concerned at the amount of mail that seems to be piling up for some residents. Please remember to ask for your loved one's mail the next time you are in, as I would hate to see important or time sensitive correspondences sitting there.

Hope you have a wonderful summer!

Creutzfeldt-Jakob disease (CJD) (pronounced *CROYZ-felt YAH-cob*)

is a rare, rapidly fatal disorder affecting about 1 out of 1 million people per year worldwide. It usually affects individuals older than 60.

CJD is one of the prion (*PREE-awn*) diseases. These diseases occur when prion protein, which is present throughout the brain, begins to assume an abnormal three-dimensional shape. This shape gradually triggers the protein throughout the brain to fold into the same abnormal shape, leading to increasing damage and destruction of brain cells.

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Recently, "variant Creutzfeldt-Jakob disease (vCJD)" was identified as the human disorder believed to be caused by eating meat from cattle affected by "mad cow disease." It tends to occur in much younger individuals, in some cases as early as their teens.

Symptoms of Creutzfeldt-Jakob disease

- The first symptoms may involve impairment in memory, thinking and reasoning or changes in personality and behavior.
- Depression or agitation also tend to be early symptoms.
- Problems with movement may be present from the beginning or appear shortly after the other symptoms.
- Symptoms progress rapidly and death typically occurs within a year.
- There may be characteristic changes on an electroencephalogram (EEG, or "brain wave" test).
 - There may also be a characteristic substance called "14-3-3 protein" in the spinal fluid.

Treatment of Creutzfeldt-Jakob disease (CJD)

There is currently no treatment for CJD or vCJD.

THE STAFF:

ADMINISTRATOR: SHANNON SOUZA

DAY SHIFT:

JOSIE SALAS
FLOR DELGADO
RANDI JAMESON

SWING SHIFT:

LUCY NAJERA
SAMANTHA SOTO
AMANDA VEGA

NOC SHIFT:

PATTY CAMPUZANO
MARIA TOVAR
Yuri Rodriguez-Diaz

Roses Are Red

June 12 is Red Rose Day, but feel free to celebrate any color rose you wish. Red signifies love and beauty. White roses symbolize purity and innocence. Pink makes a perfect "thank you." Yellow shows joy, gladness, and friendship. Pair a red and white rose together to show unity. Give a thornless rose to say, "It was love at first sight."



Roses have always been associated with messages and symbolism. Ancient Greeks and Romans associated the rose with Aphrodite and Venus, the goddesses of love. In Rome, a red rose would be put on a door while two people met to discuss a secret. The Latin phrase *sub rosa*, or "under the rose," still means "to keep a secret." Fossils of roses date back over three billion years. Did cave men give them to cave women?

Strange Reunions

Every June the Mustard Museum in Middleton, Wisconsin, hosts a unique family reunion. Anyone with the name of Mustard is welcome to attend, even if your name is Senf (German for mustard) or Moutarde (French).

It is such an uncommon name that only about one hundred people from coast to coast make the trip. The name is originally European, and is thought to come from a person who traded or sold spices in olden days. Another theory is that the name Mustard was a nickname for a person who had a hot and spicy temper or a quick and vicious tongue. Visitors may come to meet distant family members but they definitely stay for the mustard. The Mustard Museum houses over five thousand mustards from over sixty countries. Mustard is not just for slathering on hot dogs and burgers. You can even experience the tingling sensations of mustard with a mustard herbal bath or some mustard massage oil.



Each June in Oregon another strange reunion is celebrated. The Annual Betty Picnic is held in honor of all women named Betty. There's no need to wear a nametag, everyone is on a first-name basis here. Of course you don't need to be named Betty to attend, but honest-to-goodness "Betty-borns" – women with the name Betty on their birth certificates – might look at you twice.

The picnic is sponsored by two women named Betty, who began their own Betty Club. They think that they were named Betty because they were born in an age of famous Bettys – Betty Boop, Bette Davis, Betty Hutton, and Betty Grable. But if you really want to fit in at the picnic, bring a dish from the Betty Crocker cookbook.

What is so special about the name Betty? Ask any Betty and they'll tell you that they're all wonderful, positive, beautiful, vivacious, and fun-loving people.

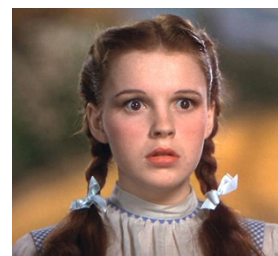
Catch a Sound Wave

Music has a lot of genres – there's rock, classical, country, rap, and gospel, but *surf* music? It's a genre all its own, with its own month to boot. June is Surf Music Month. When people think of surf music they often think of The Beach Boys, but this bodacious form of instrumental rock music had earlier roots. Dick Dale, the King of the Surf Guitar, invented surf music in the 1950s. He hung ten (surfed) in southern California from sun-up to sun-down, and he even tried to mimic the sound of the waves on his electric guitar. He invented a shimmying "reverb" sound that sounded wet, and this sound would become a key part of surf music.

Surf music reached its peak in the mid-1960s when the most famous surf song, "Wipe Out" by The Surfaris, reached the top of the charts. From southern California, surf music has stretched across the globe as far as Australia. Today, hits like "Surf City" by Jan & Dean, "GTO" by Ronny & the Daytonas, and even the James Bond theme song to the hit movie *Dr. No* have the ability to transport us to the beach where we can all have fun in the sun.

Miss Show Business

June 22 is Judy Garland Day, a day honoring the woman who has been named one of the ten greatest female stars in the history of entertainment.



For many, Judy Garland will always remain the sixteen-year-old Dorothy from the 1939 smash-hit *The Wizard of Oz*. Her rendition of the song "Over the Rainbow" will never be forgotten. *The Wizard of Oz* was only the beginning. Judy Garland went on to win an Academy Award, a Golden Globe, as well as Grammy Awards and even a Tony Award. Her talents launched her into the elite of performers and for that reason she will always be remembered as "Miss Show Business."

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Woodburn, OR, 97071

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Information

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Delivering Quality of Care, Enhancing Quality of Life.

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820 Gold Court
Grants Pass Oregon 97527

Administrator:

AUTUMN HOUSE OF GRANTS PASS

2268 WILLIAMS Hwy
Grants Pass Oregon 97527

Administrator: Becky Scriber

HAWTHORNE HOUSE OF SALEM

3042 Hyacinth St.
Salem Oregon 97301

Administrator: Michele Nixon

HARMONY HOUSE OF SALEM

3062 Hyacinth St.
Salem Oregon 97301

Administrator: Michele Nixon

HERITAGE HOUSE OF WOODBURN

943 N. Cascade Dr
Woodburn Oregon 97071

Administrator: Shannon Souza

June Birthdays

If you were born from June 1-21, you are a Gemini, the Twins. If you were born from June 22-30, you are a Cancer, the Crab. Geminis focus their energies on intelligence and communication. They love using their minds to fully express themselves. Cancers are emotional and nurturing. They have keen imaginations and display a deep empathy and sensitivity to those they love.

Marilyn Monroe (superstar)	June 1, 1926
Cornel West (historian)	June 2, 1953
Dean Martin (crooner)	June 7, 1917
Les Paul (guitarist)	June 9, 1915
Joe Montana (quarterback)	June 11, 1956
Errol Flynn (actor)	June 20, 1909
Meryl Streep (actress)	June 22, 1949
Pearl S. Buck (author)	June 26, 1892
Gilda Radner (comedian)	June 28, 1946
Slim Pickens (actor)	June 29, 1919
Lena Horne (singer)	June 30, 1917
